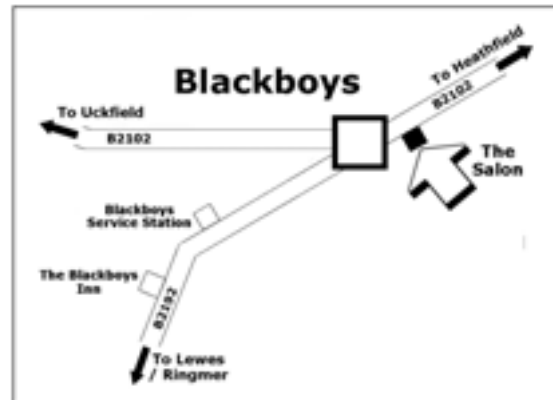
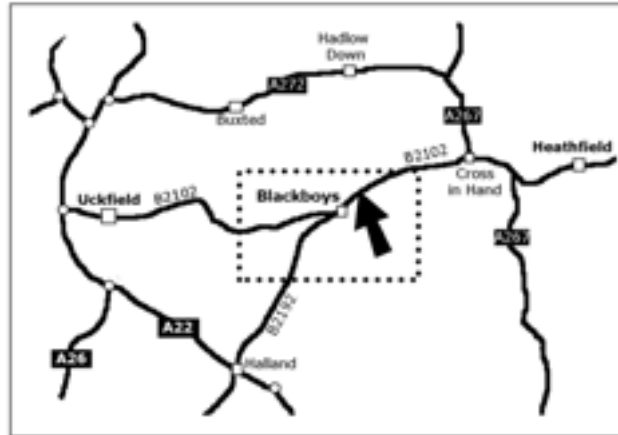


Situated in Blackboys on the B2102, Lewes Road, between Heathfield and Uckfield in luxury surroundings.



Strata 3-2-1

Do you want to.....

- Improve definition
- Reduce lines
- Reduce wrinkles
- Lift sagging muscles
- Have a more youthful look

then 'Strata 3-2-1' is for you

Available at:

Phoenix
Health & Beauty

Brownings Farm Craft Centre
Lewes Road, Blackboys
Nr Uckfield, East Sussex, TN22 5HG

Telephone: 01825 890523
www.phoenixhb.co.uk



STRATA 3-2-1

"The ultimate in non-surgical body toning and face lifting"

What does it do?

Strata 321 reaches new heights in the effective treatment of the entire face and body and represents a major and positive step forward in electrotherapy to aid the toning and firming of the skin and muscles.

To effectively treat wrinkles we need to understand what causes them. A common misconception is that it is due to sagging muscles whereas it is quite the contrary. Research has shown that facial wrinkles are due to muscular contractions - it is these underlying spasmed muscles that cause the problems.

This is where Strata 321 can help - the treatment has been specifically designed to not only lift the muscle to improve the shape and definition but also to exercise the muscles to improve the strength and elasticity and reduce the appearance of wrinkles and fine lines.

This combination delivers a genuine and clearly visible non-surgical face and body lift.

How does it work?

Strata 321 is based upon the ancient art of Tui-na, a method of Chinese massage. Firstly the massage tracks need to be massaged and the probes on the Strata 321 ideally suit this need along with the micro-current to maximise the effect.

Strata also uses an “electro-isometric” facial which improves the elasticity and strengthens the muscles and the support they provide to the skin and tissue, resulting in considerably improved “lift”.

The key objectives are:

1. Electronic lifting of muscles,
2. Massage of spasmed muscles,
3. Toning of the Skin and Tissue,
4. Professional on-going advice



What benefit will I see?

- **Toning of virtually any part of your body**
- **Lifts sagging muscles**
- **Smooths facial lines and wrinkles**
- **Gives a more youthful appearance**
- **Regenerates muscle and skin**

Before



After

