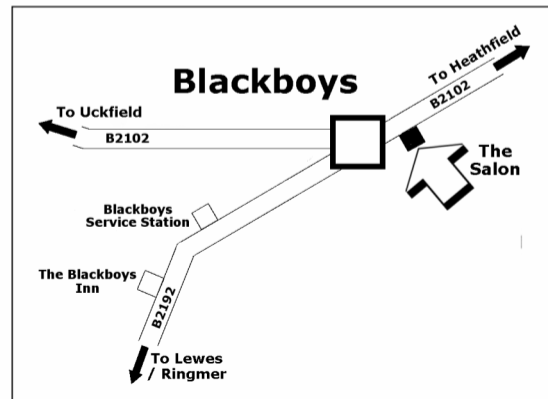
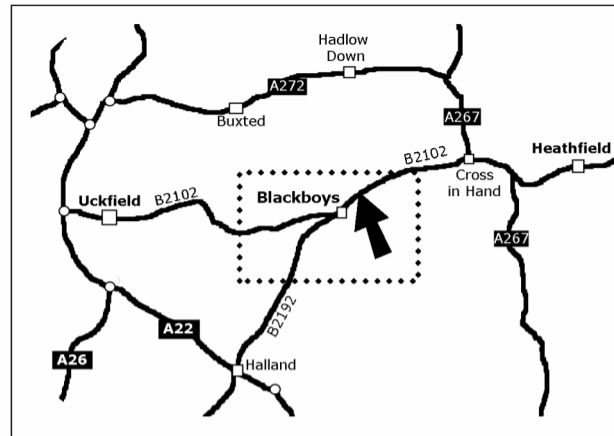


Situated in Blackboys on the B2102, Lewes Road, between Heathfield and Uckfield in luxury surroundings.



Body System

Do you want to.....

- Reduce your weight
- Tighten slack skin
- Reduce cellulite
- Banish general and localised fat for good
- Improve metabolism
- Increase energy levels

then 'Body System' is for you

Available at:

*Phoenix
Health & Beauty*

Brownings Farm Craft Centre
Lewes Road, Blackboys
Nr Uckfield, East Sussex, TN22 5HG

Telephone: 01825 890523
www.phoenixhb.co.uk



BODY SYSTEM

"For the treatment of stubborn fat and troublesome cellulite"



What does it do?

It is the ultimate system to help you regain your shape, your health and your beauty.

Fat is an important part in all of our bodies and in the correct quantity provides energy, protection, insulation and shape to our bodies and organs.

The fat is stored and used when required however the body can store too much and cause excess weight and unsightly bulges. This is usually due to one or more factors namely

- Excess eating
- Nervous hunger
- Lack of physical activity
- Circulation problems
- Metabolic problems

and once it is there it is sometimes stubborn to remove.

Some people choose a diet and fitness regime others liposuction but now there is 'Body System' - an effective way to correct weight and body shape without the effort of exercise or the risk of a medical procedure.

How does it work?

'Body System' by using a combination of infrared and induced directional waves removes unwanted cellulite and stubborn fat.

Infrared pads are placed on the target areas and transmit heat deep into the tissues. The tissues, stimulated by the waves, increase the metabolism and improve blood circulation immediately. This in turn enhances the elimination of toxins and the metabolic slags. It is also this thermal action and increased metabolism that stimulates the discharging of and also the combustion of excess fat.

but that is only the start.....

Smaller electronic pads that produce particular square waves are also placed near the infrared pads on the motor points of muscles. The muscles, stimulated by these waves are induced to do isotonic movements, to increase the energetic needs of the area. This extra energy is gained by the surrounding tissue burning stored sugar and fat. This in conjunction with the infrared allows for quick results to be seen and for you to get the shape you want fast.

What benefit will I see?

- **A reduction in body mass and weight**
- **Improved longer term metabolism**
- **A better overall body shape**
- **An increase in energy levels**
- **Better circulation**
- **General well-being**

